**Cultural Competence and Personal Nursing Philosophy**

Student Name

Institution

Course

Instructor

Date

**Cultural Competence and Personal Nursing Philosophy**

Nursing is a key pillar of a healthy society. Nursing is a community-based service meant to benefit the masses objectively. It is essential that the practitioners engage impartially. That means that the profession should be able to practice inclusivity at all times among all people in the global communities devoid of any form of biasness. Therefore, competent nursing should accommodate different cultures and serve non-discriminatively.

**Campinha-Bacote’s Model of The Process of Cultural Competence in the Delivery of Healthcare**

Campinha-Bagote’s model is critical in promoting proficient care. The framework has five constructs, namely, cultural desire, cultural awareness, cultural knowledge, cultural skill, and cultural encounters. The constructs make up the process of cultural competence (Campinha-Bacote, 2002). Although the model works from an assumption perspective, it is essential to address nursing care that is culturally sound from within to align with the external environment. Thus it serves as a vital guideline toward adopting culturally competent care among health workers.

**Mission Statements and Values of St. Thomas University (STU)**

St. Thomas University has established itself as a culturally inclusive institution extending the same in its respective programs, such as nursing. A focus on the university's mission statement evidences its commitment to promoting diversity (STU, 2022). The institution maintains a local and international outlook producing transcultural-oriented nurses at the nursing level. Thus the university plays a pivotal role in enabling cultural competency through education and healthcare.

**Personal Experience during Studies**

I would term cultural competence as the best gift humans would give to their counterparts in service provision. Cultural proficiency in the institution ensured smooth sailing for everyone despite their background. The virtue provides each one to explore their potential on level ground. Therefore, from my experience in the institution, I would recommend cultural competence in all public spaces as an inclusivity strategy.

**Evidenced Reflection on Campinha-Bacote’s Cultural Competency Model and STU Mission and Values**

The constructs by Campinha-Bacote and the mission and values outlined by STU are essential in fostering cultural competence. The constructs are evidenced by the urge in people at different institutions to learn about other cultures, comprehend their thoughts, and conduct themselves uprightly. That gets evidenced in healthcare facilities where health workers have learned ways for different people who come as their patients and their families to attend to them effectively (Wall-Basset et al., 2018). The constructs and STU values have also played a crucial role in deconstructing notions and assumptions that could demean others as people get to interact and understand different cultures. Thus, cultural competency is an essential subject in appreciating different cultures.

**My Personal Belief**

On different occasions, some people got subjected to some form of profiling based on misunderstandings. Lack of proper knowledge about people and their beliefs and traditions may, at some point, subject them to misjudgment or mistreatment (Stone, 2019). It is thus essential that the human race embrace each other differences as diversity is affluence. Therefore, it is vital that despite our social standing or profession, we appreciate the richness of our diverse cultures.

**Philosophy Statement on Culturally Competent Nursing Care**

Nursing care is part of healthcare which is an essential human necessity. I would compare nursing to oxygen which all people breathe irrespective of race or ethnicity. Therefore I would term nursing care service free of partiality and one which should accommodate the human race globally as a common culture.

**Implementing My Beliefs and Cultural Competence**

I am the force behind my contemplations and thus would influence positivity in culturally competent care and basic living. A mindset of one race would help in executing the belief. I would practice nursing non-discriminatively and sensitize people around my environment on the importance of appreciating different cultures hence achieving cultural competence in nursing care.

**References**

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